



USATF Cross Country and Masters LDR

Master Harriers of the Year Report

The 2007 Master Men's winner is **PETER MAGILL**.

The 2007 Master Women's winner is **KATHRYN MARTIN**.

Award Criteria:

The USATF Masters Harrier of the Year award was established in 2000 to honor the outstanding Masters Male and Female Cross Country runners.

The award is open to all member master athletes (ages 40+) who have competed in at least one of the USATF National Master Cross Country Championships held between the USATF Annual Meetings.

This year there were three Master XC Championships of different distances:

1. The USA Club Cross Country Championships in San Francisco, CA on 12/09/06 - 10km for Masters Men and 6km for Masters Women.
2. The USA Cross Country Championships in Boulder, CO on 02/10/07 - 8km for both Masters Men and Women.
3. The USATF Masters 5km Cross Country Championships in Saratoga Springs, NY on 10/14/07 - 5km for both Men and Women.

Selection is based on the age-graded results from these three Championships.

Care must be taken when considering age-graded results in Cross Country. Each championship race must be considered as a separate event and not compared to the any other event due to differences in conditions like weather and terrain and the inherent imprecision of cross country course measurement.

Selection shall be made by a majority vote of the USATF Cross Country Council Executive Committee at the Annual Meeting. The Master LDR representative to the Cross Country Council shall present nominations to the Cross Country Council Executive Committee. An appropriate award shall be presented to each of the male and female winners from the Cross Country Council.

2006 USA NATIONAL CLUB CROSS COUNTRY CHAMPIONSHIPS**December 9, 2006****Golden Gate Park, San Francisco, CA****Weather: Muddy, 50's****Age-Graded Master Women 6km**

	Name	Age	Hometown	Pl	Time	Age Grade
1	Kathryn Martin	55	Northport, NY	16	23:36	93.64%
2	Christine Kennedy	51	Los Gatos, CA	14	23:35	87.77%
3	Mary Hanna	45	Maple Valley, WA	6	23:11	87.00%
4	Linda Somers Smith	45	Arroyo Grande, CA	1	22:15	86.74%
5	Nancy Steinmaus	43	San Luis Obispo, CA	7	23:13	85.42%
6	Sara Freitas	48	Nevada City, CA	13	23:31	84.83%
7	Rosemarie Lagunas	44	San Jose, CA	3	22:34	84.71%
8	Laurie Decker	46	Cadillac, MI	12	23:27	83.16%
9	Alysun Deckert	40	Seattle, WA	2	22:25	82.68%
10	Patti Bellan	43	Boise, ID	4	22:59	82.45%

2007 USA CROSS COUNTRY CHAMPIONSHIPS**February 10, 2007****Boulder, CO****Weather: Frozen ground, 40's****Age-Graded Master Women 8km**

	Name	Age	Hometown	Pl	Time	Age Grade
1	Kathryn Martin	55	Northport NY	6	32:16	91.04%
2	Marilyn Stapleton	60	Greeley CO	34	36:54	85.25%
3	Patty Murray	41	Boulder CO	1	29:54	84.06%
4	Michelle Simonaitis	40	Draper UT	2	30:32	81.71%
5	Tanya Poel	43	Boulder CO	3	31:19	81.51%
6	Martha Buttner	50	Boulder CO	18	33:54	81.22%
7	Mercedes Gil	45	Fort Collins CO	10	32:28	80.07%
8	Ellen Hart-Pena	48	Denver CO	16	33:36	79.98%
9	Rosalva Bonilla	44	Big Bear City CA	8	32:23	79.52%
10	Lisa Goldsmith	42	Nederland CO	4	31:57	79.23%

2007 USA MASTERS 5km CROSS COUNTRY CHAMPIONSHIPS**October 14, 2007****Saratoga Spa State Park, Saratoga Springs, NY****Weather: Sunny, 50's****Age-Graded Master Women 5km**

	Name	Age	Hometown	Pl	Time	Age Grade
1	Kathryn Martin	56	Northport, NY	7	19:00	96.228%
2	Carolyn Smith-Hanna	56	Pittsford, NY	14	20:19	90.362%
3	Marisa Hanson	44	Pleasant Valley, NY	1	17:48	88.858%
4	Sylvie Kimche	60	New York, NY	36	22:05	87.547%
5	Dorothy Little	68	San Diego, CA	46	24:59	87.325%
6	Charlotte Rizzo	45	Bronxville, NY	3	18:27	86.540%
7	Emily Bryans	40	Schenectady, NY	2	18:00	85.185%
8	Suzanne Myette	50	Binghamton, NY	11	19:53	85.080%
9	Rebecca Heuer	43	Orchard Park, NY	4	18:34	84.470%
10	Judy Phelps	56	Rensselaer, NY	30	21:40	84.385%

2006 USA NATIONAL CLUB CROSS COUNTRY CHAMPIONSHIPS**December 9, 2006****Golden Gate Park, San Francisco, CA****Weather: Muddy, 50's****Age-Graded Master Men 10km**

	Name	Age	Hometown	Pl	Time	Age Grade
1	Peter Magill	45	South Pasadena, CA	3	32:52	89.78%
2	Danny Martinez	44	Alhambra, CA	2	32:51	89.14%
3	David O'Keefe	48	Orchard Park, NY	20	34:02	88.77%
4	Ivan Huff	47	Paso Robles, CA	16	33:48	88.68%
5	Leonard Hill	54	Klamath Falls, OR	67	35:52	88.43%
6	James Robinson	53	Rochester, NY	69	35:54	87.62%
7	Todd Coffin	45	Freeport, ME	12	33:41	87.61%
8	Mike Scannell	44	Grand Blanc, MI	10	33:27	87.54%
9	Tracy Lokken	41	Marquette, MI	1	32:44	87.44%
10	David Olds	45	Los Angeles, CA	3	33:45	87.43%

2007 USA CROSS COUNTRY CHAMPIONSHIPS**February 10, 2007****Boulder, CO****Weather: Frozen ground, 40's****Age-Graded Master Men 8km**

	Name	Age	Hometown	Pl	Time	Age Grade
1	David O'Keefe	48	Orchard Park NY	7	26:59	88.42%
2	Dennis Simonaitis	44	Draper UT	1	26:28	87.37%
3	Doug Bell	56	Greeley CO	29	29:16	87.04%
4	Peter Magill	45	South Pasadena CA	3	26:48	86.96%
5	Andrew Ames	44	Boulder CO	2	26:43	86.59%
6	Mark Newman	44	Germantown TN	6	26:58	85.77%
7	Steve Gallegos	51	Golden CO	19	28:51	84.73%
8	Richard Myers	61	Voorhees NJ	60	31:32	84.36%
9	Rene Sepulveda	41	Stillwater OK	4	26:51	84.21%
10	Ken Pliska	41	Broomfield CO	5	26:53	84.09%

2007 USA MASTERS 5km CROSS COUNTRY CHAMPIONSHIPS**October 14, 2007****Saratoga Spa State Park, Saratoga Springs, NY****Weather: Sunny, 50's****Age-Graded Master Men 5km**

	Name	Age	Hometown	Pl	Time	Age Grade
1	Peter Magill	46	South Pasadena CA	1	15:17	93.488%
2	David Cannon	51	Seattle WA	1	15:58	93.118%
3	William Dixon	60	Brattleboro VT	1	17:35	91.217%
4	Tom Ryan	52	Cape Elizabeth ME	2	16:33	90.570%
5	Pete Bottomley	46	Cape Elizabeth ME	7	15:50	90.241%
6	James Robinson	53	Rochester NY	4	16:45	90.227%
7	Steven Calidonna	52	Yorktown Hgts NY	3	16:39	90.026%
8	Richard Burns	52	Canyon Country CA	5	16:45	89.489%
9	Dale Campbell	54	Fresno CA	7	17:03	89.377%
10	David O'Keefe	48	Orchard Park NY	17	16:15	89.320%

USATF Cross Country Masters Harrier-of-the-Year Award

The USATF Cross Country Council and the Masters Long Distance Running Committee announced its 2007 Masters Harrier-of-the-Year award winners on December 1, 2007 at the USATF Annual Meeting in Honolulu, Hawaii. They are Kathryn Martin, 56, of Northport, NY and Peter Magill, 46, of South Pasadena, CA.

The USATF Masters Harrier of the Year award was established in 2000 to honor the outstanding Masters Male and Female Cross Country runners. The award is open to all member master athletes (ages 40+) who have competed in at least one of the USATF National Master Cross Country Championships held between the USATF Annual Meetings. This year there were three Master XC Championships of different distances: The USA Club Cross Country Championships in San Francisco, CA on 12/09/06, the USA Cross Country Championships in Boulder, CO on 02/10/07 and the USATF Masters 5km Cross Country Championships in Saratoga Springs, NY on 10/14/07. Selection was based on the age-graded results from these three Championships. Care must be taken when considering age-graded results in Cross Country. Each championship race must be considered as a separate event and not compared to the any other event due to differences in conditions like weather and terrain and the inherent inaccuracy of cross country course measurement.

Kathryn Martin was named USATF Cross Country Harrier of the Year for the fifth time in the last six years while this is Peter Magill's first time winning this award. Kathryn Martin was the age graded champion at all three of the Master's XC Championships. Hers was a dominating performance that saw her win three 55-59 age group National XC titles. Magill won the age grading at the 10 km championships in December, 2006 in San Francisco, CA and ten months later also win the age grading at the 5 km championships in Saratoga Springs, NY in October, 2007. He was also a close 4th place age graded in Boulder, CO in February, 2007 at the 8 km event.

Masters Harrier-of-the-Year Award Winners

<u>Year</u>	<u>Women's Winner</u>	<u>Men's Winner</u>
2000	Carolyn Smith-Hanna	Tom Dalton
2001	Carolyn Smith-Hanna and Joan Ottaway	Tom Dalton
2002	Kathryn Martin	Tom Dalton
2003	Kathryn Martin and Shirley Matson	Tom Dalton and Robert Winn
2004	Kathryn Martin	Tom Dalton
2005	Carmen Ayala-Troncoso	David O'Keeffe
2006	Kathryn Martin	David O'Keeffe
2007	Kathryn Martin	Peter Magill

2007 Honorable Mention (Ranked):

Master Men: David O'Keeffe, James Robinson, Danny Martinez, Dennis Simonaitis, Dave Cannon

Master Women: (Tie) Christine Kennedy, Carolyn Smith-Hanna, Marilyn Stapleton



Above: 12-06-2006, USATF Club XC, San Francisco, Golden Gate Park, Master Men 10k Leaders – Magill (M45 3rd, 1st Age Graded), Martinez (M44, 2nd, 2nd AG) and Lokken (M41, 1st)
Below: Masters Men 10k Start.





Above: Master Women's Start. Below: Kathy Martin Age Graded Champ.





Above: 02-11-2007, Boulder, CO, USA XC, Kathy Martin, 1st Age Graded.
Below: Master Men's Start.





Above: 02-11-2007, Boulder, CO, USA XC, Peter Magill, 3rd, 4th Age Graded.



Above: 02-11-2007, Boulder, CO, USA XC, David O'Keeffe, 1st Age Graded.